

Clear Path Transitions Psychotherapy and Counselling Services

Client Rights and Informed Consent to Services

Clear Path Transitions (CPT) recognizes that everybody seeking services has the right to be treated in a self empowering manner. Based on this level of respect CPT will take every opportunity to collaborate with clients regarding the management of their personal information, assessment processes and treatment planning.

Client's Rights: As a client of CPT, you have the right:
to be treated with dignity and courtesy and in a culturally safe and respectful manner;
to be informed of all services that may be of benefit to you;
to be provided with assistance in overcoming any barriers that could prevent you from accessing the services you want and require;
to be free from discrimination of any kind;
to have access to your health information in accordance with CPT policy and privacy legislation;
to terminate services at any time;
to be free of exploitation for the benefit or advantage of a CPT affiliate;
to address service concerns and complaints in accordance with CPT policy;
to confidentiality as defined by CPT policy and law. Clear Path Transitions maintains a strict policy on the confidentiality of your records (in both written and electronic form). All information you share, or which CPT becomes aware of through the work with you, will remain confidential. There are some circumstances in which this policy becomes void and CPT is required by law to release your information:

If CPT becomes aware through our work that you may be a danger to yourself or others,

If CPT becomes aware or suspects child maltreatment or neglect,

If CPT becomes aware or suspect maltreatment or neglect of a vulnerable adult,

If CPT is court ordered to testify or submit our records to a court of law.

In the above outlined situations, CPT is required to disclose any and all information with the appropriate authorities and responsible caregivers that are tasked with restoring and ensuring safety in times of crisis.

Clear Path Transition Expectations: As CPT provides services, it is expected:
that client's will be on time for appointments, or will call or make contact in advance to cancel or reschedule;
that client's will participate in assessment and treatment planning processes;
that client's will not engage in abusive, threatening or assaultive behaviors towards affiliates;
that client's will not be under the influence of non-prescribed substances during a service activity.
CPT reserves the right and therefore can deny services based on the above situations.

Informed Consent: Informed consent is a process of ongoing discussions that occur throughout the service relationship between clients and affiliates. All clients will be encouraged to share what their mental health goals are and in response they will receive information about all available treatment options and resources, the predictable strengths and limitations of those options and how CPT can help them achieve those goals. The basic elements of informed consent include:
Affiliate/s qualifications, training, experience or Credentials and Professional associations;
The type of agreed upon service that will be provided, expected length of that service, results of any tests/ assessments;
Risk, benefits and alternatives to service;
Your active participation in the development of your treatment plan with the flexibility to revise your mental health goals when needed;
Regular review of your treatment progress;
A structured process for a review of service completion and case closure.

I have read or have had the above information explained to me in a manner that I understand and upon this basis I consent to the services of Clear Path Transitions Psychotherapy and Counselling Services.

Client Signature _____ Date _____ Client Signature _____ Date _____

Client Signature _____ Date _____ Client Signature _____ Date _____

Care Giver/ Guardian _____ Date _____ Care Giver/ Guardian _____ Date _____

CPT Affiliate _____ Date _____

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